TIPS FOR BUILDING COVID-19 VACCINE CONFIDENCE

Telligen QI C‰nnect[™]

These tips come directly from the Centers for Disease Control and Prevention (CDC) in an effort to provide messaging and build confidence regarding the latest COVID-19 vaccine.

- The 2024-2025 COVID-19 vaccine is updated to target current strains, like the flu shot each year
- Side effects of the 2024-2025 COVID-19 vaccine are similar to past versions and other vaccines
- All adults should get one dose this season and spring boosters are recommended for those 65 years and older or immunocompromised
- The vaccine can benefit those who have already had COVID-19 this season due to multiple circulating strains
- COVID-19 causes more deaths and hospitalizations than flu and RSV combined, despite COVID-19 becoming generally more mild

- Previous COVID-19 infection doesn't guarantee milder future infections
- Vaccination is the best defense against serious illness and Long COVID
- Vaccination, along with hand washing, staying home when sick and seeking treatment helps prevent COVID-19 spread

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