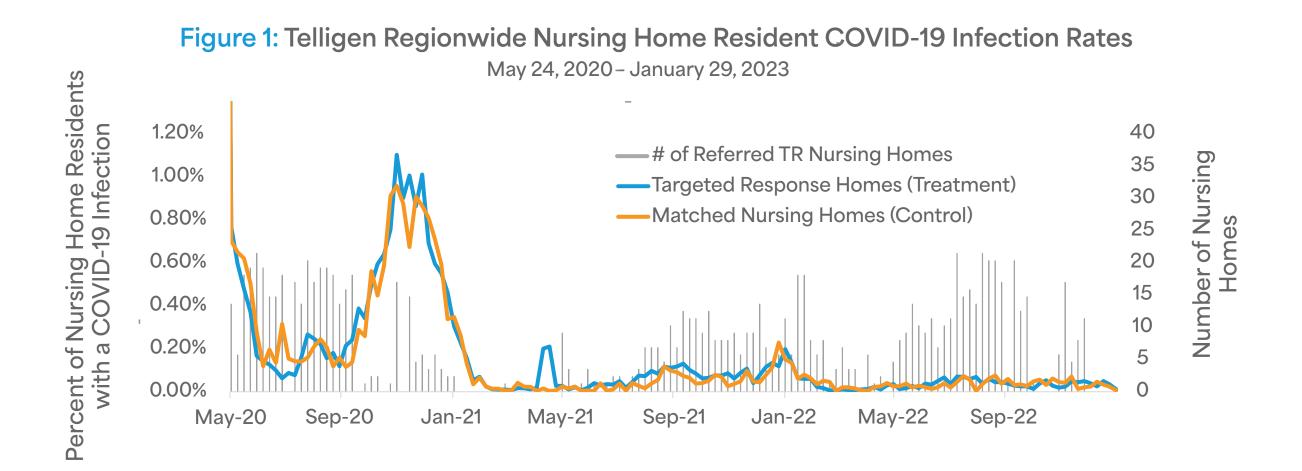
APPLYING COST-BENEFIT ANALYSES TO QUALITY IMPROVEMENT INITIATIVES

Across the states of Colorado, Illinois, Iowa and Oklahoma, Centers for Medicare & Medicaid Services (CMS) has referred 916 nursing homes to Telligen for COVID-19-related interventions. Stakeholders interested in understanding the costs and benefits of quality improvement initiatives (QIIs) should harness appropriate data and evaluation methods to develop quantifiable estimates of intervention value. We present Telligen's evaluation methods and identify implications for the accuracy and conclusions stemming from return on investment (ROI) and cost-benefit analyses.



Methods

We evaluate the effects of the targeted response (TR) intervention by tracking resident infection rates in nursing homes with a completed quality improvement plan (QIP) over the study period. We compare performance of TR nursing homes to a propensity score matched control group. As a robustness check, we also use mean rates of all non-TR nursing homes as a control group.



Each TR nursing home has a unique date of QIP completion which defines their 100-week analysis window separated into 25 weeks prior to and 75 weeks following the completion of the intervention. Figure 2 illustrates the comparison of rates between the TR and matched control group homes with preand post-period normalized at intervention week.

Figure 2: Telligen Regionwide Nursing Home Resident COVID-19 Infection Rate Pre and Post Period Normalized at Intervention Week = 0 6.0% Targeted Response Homes (Treatment) 5.0% Matched Nursing Homes (Control) 4.0% Pre-Intervention Post-Intervention Period 3.0% 2.0%

The benefits are measured in the post-intervention period using the difference-in-difference method to calculate average treatment effect. The result is used to estimate prevented COVID-19 cases, deaths, hospitalizations and avoided hospital expenditures based on published literature. Costs are based solely on CMS investment in the intervention.

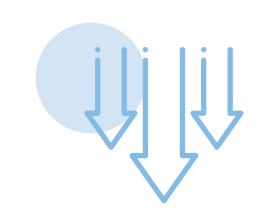
Number of Weeks Pre and Post Intervention

Results

Targeted response interventions led by Telligen in 916 nursing homes resulted in:







34% reduction in COVID-19 infection rates compared to matched control group



15,496 prevented **COVID-19 cases** among nursing home residents



5,733 prevented hospitalizations due to COVID-19



1,803 prevented deaths due to COVID-19



For every \$1 dollar spent, \$57 dollars were saved

The regionwide return on investment expressed as a ratio is 57.0, indicating that every dollar spent on the QII saved \$57.00 in healthcare costs.

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Figure 3: Targeted Response Estimated Benefits over Time \$160 Hospitalizations Prevented Accrued \$ Savings Deaths Prevented \$140 \$120 \$100 500 400 \$80 300 \$60 200 100

Analysis Period: 05/24/2020 to 01/29/2023	Estimated Reduction in Weekly Resident COVID-19 Rates				Benefits				Costs	Return on Investment	
Telligen QIN Aggregate TR QII ROI for 916 Nursing Homes	Average Treatment Effect on Infection Rate	Average Treatment Effect on Death Rate	Infection Rate Reduction	Death Rate Reduction	Cases Prevented	Hospitalizations Prevented	Deaths Prevented	Medical Costs Prevented	CMS Investment	ROI Rate	Total Return
Mean Nursing Home Control Method	-1.13%	-0.16%	-58%	-68%	41249	15262	5877	\$370,927,273	\$2,444,295	151.8	\$368,482,978
Propensity Score Matched Control Method	-0.42%	-0.05%	-34%	-40%	15496	5733	1803	\$139,343,996	\$2,444,295	57.0	\$136,899,701

Conclusions



916 CMS referred 916 nursing homes from CO, IA, IL and OK to Telligen for COVID-19 HOMES related interventions.

Telligen's delivery of targeted response support to these nursing homes for COVID-19-related initiatives yielded demonstrable benefits.

Although control groups help in accounting for time elements affecting the outcomes, the results are still highly sensitive to how those groups are selected and how the study is designed.

As illustrated in the Figure 3 table, using only pre-post (i.e., before and after) calculations, or a mean or median control group, may lead to inaccurate estimates of the intervention benefits.

The estimated benefits are also highly sensitive to assumptions and the methodological decisions, such as:

- The length of pre- and post-intervention time window
- The baseline matching in the propensity score model using closest month COVID-19 trends, vaccination data and community rates
- Control group considerations, such as small sample size, same state restriction and cross contamination / spread of the intervention to the control group
- Inclusion or exclusion of outlier rates
- Data accuracy and limitations related to different variants of the virus and their impact on hospitalization rates





This material was prepared by Telligen, the Quality Innovation Network-Quality Improvement Organization, under contract with the Centers for Medicare & Medicaid Services (CMS), an agency of the U.S. Department of Health and Human Services (HHS). Views expressed in this material do not necessarily reflect the official views or policy of CMS or HHS, and any reference to a specific product or entity herein does not constitute endorsement of that product or entity by CMS or HHS. This material is for informational purposes only and does not constitute medical advice; it is not intended to be a substitute for professional medical advice, diagnosis or treatment. 12SOW-QIN-03/02/23-4727