Infection Prevention Back to Basics: Multi-Drug Resistant Organisms (MDROs)

Part 2 of the 5-part Joint HQIC '*Preventing Healthcare Associated Infections*' Learning & Action Network Series July 28, 2022





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Learning Objectives

- 1. Identify and prioritize at least two key MDRO related infection prevention processes to hardwire and maintain in the event of another public health emergency or COVID-19 surge.
- 2. Establish or augment a plan to routinely track and report MDRO infections in your facility.
- 3. Develop a plan to routinely educate staff, patients and families on hospital infection prevention basics.
- 4. Identify ways to integrate the patient voice into infection prevention improvement plans.



Today's Speaker(s)



Rosie Bartel

Patient Coordinator, University of Wisconsin School of Medicine Infectious Disease Department

Member, Aging Initiative Patient and Caregiver Advisory Council

Educator, Patient and Family Engagement



Jaime Zapata, CIC, LSSGB Infection Prevention Specialist Telligen



The Patient Voice in Infection Prevention

- Patient advisor for the University of Wisconsin Infectious Disease Department
- Collaborates with Bellin Health leadership, providers, healthcare staff and facilities and environmental services
- Works on hand hygiene compliance with the Department of Health HAI committee, APIC and long-term care organizations





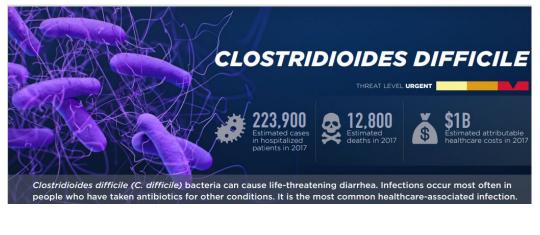
MDRO Infection Prevention Promising Practices: Surveillance

- MDRO surveillance is a critical component of the Infection Prevention and Control Program
 - Allows the prompt detection of newly emerging pathogens
 - Monitors epidemiological trends
 - Measures the effectiveness of interventions
- Surveillance strategies
 - Routine clinical cultures (monitor clinical micro isolates as part of the routine clinical care)
 - Cause analysis (drill down) of the infections surrounding a positive culture (colonization versus infection)
 - Detecting asymptomatic colonization
 - Adherence to cohorting, isolation and de-isolation guidelines



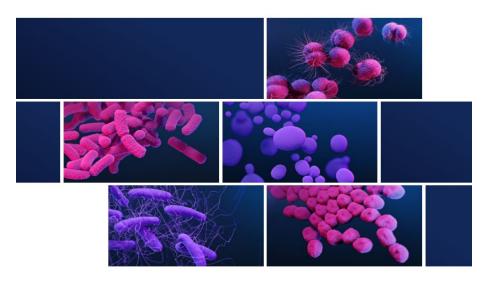
MDRO Infection Prevention Promising Practices: Surveillance





https://www.cdc.gov/drugresistance/pdf/threats-report/clostridioides-difficile-508.pdf https://www.cdc.gov/drugresistance/pdf/threats-report/mrsa-508.pdf https://www.cdc.gov/drugresistance/pdf/threats-report/2019-ar-threats-report-508.pdf ANTIBIOTIC RESISTANCE THREATS IN THE UNITED STATES

2019





Revised Dec. 2019



MDRO Infection Prevention Promising Practices: Surveillance

Tracking/Reporting

- Create a Methicillin-Resistant Staphylococcus Aureus (MRSA) bacteremia and *Clostridioides difficile* infection (CDI) daily or monthly report template
 - Specimen ID, MRN, admission date, specimen collected and received, type of test and results
- Create a cause analysis case summary template
 - Demographics, microbiology cultures (date, ordering clinician, sensitivity), antibiotic usage, NHSN criterion for HO or CO
- Report to your Infection Control Committee (ICC), Antibiotic Stewardship Committee (ASC), Quality and/or Nurse Sensitive Indicators Committee (NSI)
 - Annual feedback to prescriber providers, nursing staff and administration
- NHSN reporting system



MDRO Infection Prevention Promising Practices: Administrative

- Administrative support for a successful control of the targeted MDRO
 - Ensure prompt and effective communications
 - Computer alerts (tags) to identify patients previously known to be colonized/infected with MDROs
 - Necessary number and appropriate placement of hand washing sinks and alcohol containing hand rub dispensers in the facility (intuitively available/workflow)
 - Enforcing adherence to Infection Prevention and Control Program practices (hand hygiene, isolation and duration precautions)



MDRO Infection Prevention Promising Practices: Environmental

- Surface touch frequency and hand hygiene in the patient zone
 - Cohen et. al; studied the number of people entering a patient room during a 12-hour shift. The average nurse would be expected to touch 821 surfaces (4.5 patient rooms per hour X 15.2 surface touches per interaction X 12 hours = 821 surfaces) with a hand hygiene adherence of less than 40 percent.
 - Huslage et. al; investigated what surfaces staff touch while in the patient room: bedrails were the most touched surface (avg. **3.1 touches** per interaction); bed tables (1.6), IV pumps (1.4), and bed surfaces (1.3).
 - Combining the Cohen and Huslage data suggests that the typical patient bedrail is touched **256** times per day on average.

https://www.sciencedirect.com/science/article/abs/pii/S1553725012380732

<u>https://www.healthcarefacilitiestoday.com/posts/Surface-touch-frequency-hand-hygiene-in-the-patient-zone--</u> 15923#:~:text=%E2%80%A2%2017.1%20bedrail%20touches%20per%20hour%20X%2015,hour%20respectively%2C%20which%20agrees%20with%20the%20Cohen%20data.

A Quantitative Approach to Defining "High-Touch" Surfaces in Hospitals | Infection Control & Hospital Epidemiology | Cambridge Core



MDRO Infection Prevention Promising Practices: Environmental

Tracking tool

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Record	results of e	evaluation	for each sur	face on the	e check list	for every	room mon	itored. Use	the follow	ing symbo	ls for mar	king:																
O = NO	T CLEAN,	X = CLEA	N, LEAVE	BLANK =	NOT EVAL	UABLE N	IOTE - USE	CAP LET	TERS "X" A	ND "O"																		
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Please report aggregate scores calculated for each category highlighted in Sheet 2 (Aggregate Score Sheet).																												
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									Bedside											Toliet			Monitor					
							Call box /		table			Rm light	Rm inner	BR inner	BR light	BR			Toilet flush	bedpan	IV pump	Monitor	touch	Monitor	Ventilator			
				Bed rails	Tray table	IV pole	button	Telephone	handle	Chair	Rm sink	switch	doorknob	doorknob	switch	handrails	BR sink	Toilet seat	handle	cleaner	control	controls	screen	cables	panel			
		# of Sur	faces Cleaned	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
		# of Surfa	ces Evaluated	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0			
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Category: Total # of Surfaces Cleaned		0				0			0				0							0								
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https://view.officeapps.live.com/op/view.aspx?src=https%3A%2F%2Fwww.cdc.gov%2Fhai%2Fpdfs%2Ftoolkits%2FEnvironmental-Cleaning-Eval-Worksheet-10-6-2010.xls&wdOrigin=BROWSELINK



MDRO Infection Prevention Promising Practices: Staff Education

- Educational interventions are to encourage behavior changes on:
 - Understanding the problem of MDRO
 - Importance of hand hygiene and environmental cleaning and disinfection practices
 - Barrier precautions
 - Importance of antimicrobial prescribing patterns
- Education to nursing staff, prescribers and pharmacists on:
 - Need for antibiotic stewardship program
 - Understanding and responsibilities of antibiotic use protocols and implementation
 - Updating treatment guidelines and best practices
- Education to patients and families on:
 - Adherence to infection prevention and control guidance
 - Dangers of antibiotic misuse





Additional Tools & Resources

- CDI drill down template
- MDRO line list template
- Centers for Disease Control and Prevention (CDC) TAP Strategy
 - TAP (Target, Assess, Prevent)
 - NHSN TAP Report
 - <u>TAP Facility Assessments</u>
 - TAP CDI Implementation Guide
- MDRO Change Path Coming Soon!





Don't miss out on these upcoming events:



Sepsis Care: Identification & Management to Optimize Patient Outcomes 10 – 11 a.m. PT/ 11 a.m. – 12 p.m. MT/ 12 – 1 p.m. CT/ 1 – 2 p.m. ET Registration link



Catheter-Associated Urinary Tract Infection Prevention 10 – 11 a.m. PT/ 11 a.m. – 12 p.m. MT/ 12 – 1 p.m. CT/ 1 – 2 p.m. ET Registration link





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