

4 Ps of Hourly Rounding

Ask residents the following questions:

Pain: How is your pain?

Observe things like grimaces or restlessness.

Position: Are you comfortable?

Ensure that residents have proper body alignment.

Potty: Do you need to use the bath room?

Observe whether or not the patient is wet or restless.

Possessions: Do you have everything you need within your reach? What can I get you before I leave?

Advise resident that you will be back in an hour to check on her/him.

4 Ps of Hourly Rounding

Purpose: Consistent Communication with residents to better meet their immediate needs, identify changes and prevent falls and pressure ulcers.

How: All staff members will ask residents about the 4 Ps, in addition to any other care needs, during rounds.

Explain: Tell residents you are using this strategy to ensure the delivery of appropriate care.



The material was prepared by Telligen, the Medicare Quality Improvement Organization for Illinois, under contract with the Centers for Medicaid & Medicare Services (CMS), an agency of the U.S. Department of Health and Human Services. The contents presented do not necessarily reflect CMS policy. 10SoW-IL-HAC-08/13-491