



## Influenza (2023) Vaccine Fact Sheet

### Ask a Pharmacist Office Hours

1. The recommended timeline for receiving this year's flu vaccine is September or October<sup>1</sup>. Any earlier can reduce the odds of season-long immunity.
2. A new recommendation for the 2022-2023 flu season is that patients over the age of 65 receive one of the "preferred" versions of the vaccine that contain higher doses and adjuvants. These are<sup>2</sup>:
  - a. Fluzone High-Dose Quadrivalent
  - b. Flublok Quadrivalent recombinant flu vaccine
  - c. Fluad Quadrivalent adjuvanted flu vaccine
3. If a preferentially recommended vaccine is not available for a patient over the age of 65, they should receive some other approved flu vaccine instead of going without.

#### References

1. Frequently asked influenza (flu) questions: 2022-2023 season. Centers for Disease Control and Prevention. <https://www.cdc.gov/flu/season/faq-flu-season-2022-2023.htm>. Published September 12, 2022. Accessed September 14, 2022.
2. Key facts about seasonal flu vaccine. Centers for Disease Control and Prevention. <https://www.cdc.gov/flu/prevent/keyfacts.htm>. Published August 25, 2022. Accessed September 14, 2022.



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